## CECE & LOWER SCHOOL LUNCH MENU

## February 2024 Celebrating Black History Month!

Shredded Chicken Quesadilla Vegetarian Refried Beans Cilantro Lime Rice Roasted Corn  6 Tuesday  Crispy Fried Chicken Southern Style Yams Homemade Cornbread Rainbow Slaw	Turkey Bolognese Lentil Bolognese Rigatoni Pasta Peas & Carrots  7 Wednesday  Philly Cheese Steak Sandwich	Jamaican Jerk Chicken Jamaican Beef Patties Curried Chickpeas Steamed Rice Garden Salad	Meatless Friday!  Fluffy Buttermilk Pancakes Cheesy Scrambled Eggs Hashbrowns Fresh Berries  9 Friday
Crispy Fried Chicken Southern Style Yams Homemade Cornbread	Philly Cheese Steak Sandwich	8 Thursday	0
Southern Style Yams Homemade Cornbread			Colobrating I V
Peach Cobbler	Mushroom & Pepper Sandwich Potato Wedges Caesar Salad	Lemon Herb Chicken White Bean & Kale Stew Couscous Green Beans	Celebrating Lunar New Year  Longevity Noodles Tofu Steamed Buns Vegetable Dumplings Baby Corn & Broccoli
13 Tuesday	14 Wednesday	15 Thursday	16 Friday
West African Chicken Stew Red Bean & Sweet Potato Stew Jollof Rice & Plantains Green Beans	Pork Carnitas Tacos Sweet Potato Tacos Cilantro Lime Rice Roasted Corn	Ground Turkey Lettuce Cups Tofu Lettuce Cups Scallion Noodles Snap Peas & Edamame	Meatless Friday!  Cheese Pizza Veggie Pizza Roasted Broccoli Fresh Fruit Salad
20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Cajun Crispy Fish Cajun Crispy Cauliflower Creamy Grits Braised Collard Greens	Turkey Sloppy Joe's Lentil Sloppy Joe's Sweet Potato Fries Roasted Green Beans	Balsamic Chicken Eggplant & Cherry Tomato Creamy Orzo Mixed Greens Salad	Meatless Friday!  Mac n' Cheese Assorted Toppings Roasted Broccoli Fresh Fruit Salad
27 Tuesday	28 Wednesday	29 Thursday	
Chicken Fajitas Black Beans Tortillas & Rice Roasted Corn	Turkey & Cheese Panini Caprese Panini Roasted Red Bliss Potatoes Broccoli	Guyanese Beef Pepper Pot Metemgee (Root Vegetable Stew) Steamed Rice & Plait Bread Roasted Green Beans	
2	West African Chicken Stew Red Bean & Sweet Potato Stew Jollof Rice & Plantains Green Beans  20 Tuesday  Cajun Crispy Fish Cajun Crispy Cauliflower Creamy Grits Braised Collard Greens  27 Tuesday  Chicken Fajitas Black Beans Tortillas & Rice	West African Chicken Stew Red Bean & Sweet Potato Stew Jollof Rice & Plantains Green Beans  Cilantro Lime Rice Roasted Corn  21 Wednesday  Cajun Crispy Fish Cajun Crispy Cauliflower Creamy Grits Braised Collard Greens  Turkey Sloppy Joe's Lentil Sloppy Joe's Sweet Potato Fries Roasted Green Beans  Turkey Sloppy Joe's Sweet Potato Fries Roasted Green Beans  Turkey & Cheese Panini Caprese Panini Roasted Red Bliss Potatoes Broccoli	West African Chicken Stew Red Bean & Sweet Potato Stew Jollof Rice & Plantains Green Beans  Cilantro Lime Rice Roasted Corn  Cilantro Lime Rice Roallion Noodles Snap Peas & Edamame  Balsamic Chicken Eggplant & Chicken Eggplant & Cherry Tomato Creamy Orzo Mixed Greens Salad  Creamy Orzo Mixed Greens Salad  Chicken Fajitas Black Beans Tortillas & Rice Roasted Corn  Turkey & Cheese Panini Caprese Panini Caprese Panini Roasted Red Bliss Potatoes Broccoli  Ground Turkey Lettuce Cups Scallion Noodles Snap Peas & Edamame  Ground Turkey Lettuce Cups Scallion Noodles Snap Peas & Edamame  Ground Turkey Lettuce Cups Scallion Noodles Snap Peas & Edamame  Ground Turkey Lettuce Cups Scallion Noodles Snap Peas & Edamame  Balsamic Chicken Eggplant & Cherry Tomato Creamy Orzo Mixed Greens Salad  Chicken Fajitas Black Beans Fortillas & Rice Roasted Corn  Chicken Fajitas Black Beans Fortillas & Rice Roasted Corn  Chicken Fajitas Black Beans Roasted Green Beans